

# INA Academy & Projects

“—  
| Because future is not a game, play is the future. |  
—”



## ABOUT US

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The International Academy for Play Therapy (INA) is a registered non profit association in **Switzerland** (N.DDC 71055) and **Approved Provider of Play Therapy Continuing Education** by the Association for Play Therapy APT United States (#20-602) and APT Italy (#15-001).

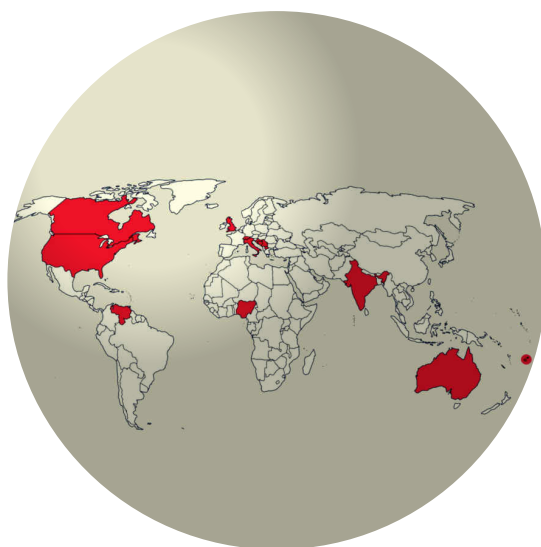


## BIOGRAPHY

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With **20+ years of international field experience**, in collaboration with local partners INA has developed clinical, psychosocial and academic activities in **6 continents**, 15 countries and over 30 cities. Development cooperation projects lasting up to 5 years have been developed in Nigeria, India and Switzerland.



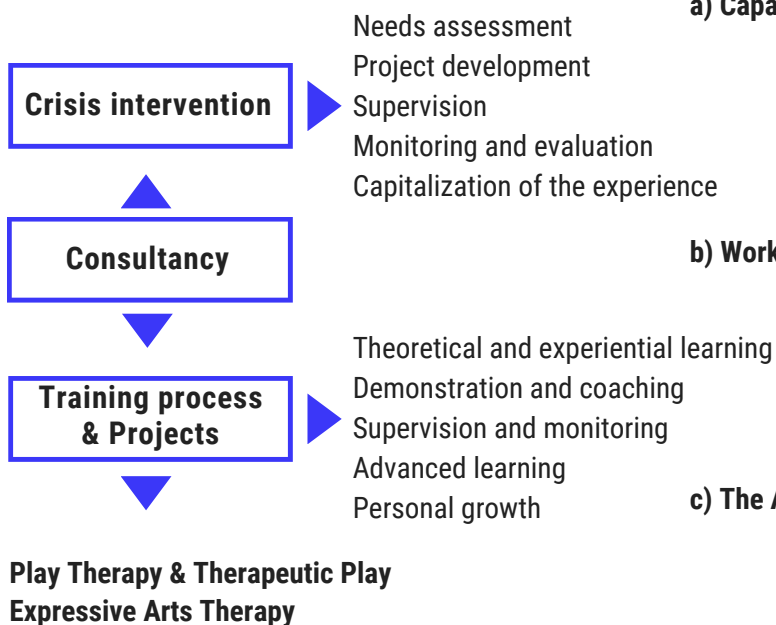
## EXPERTISE

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The INA team specializes in integrating **Play Therapy and expressive arts in crisis work**; it consists of professionals with academic background and international field experience in clinical work and **trauma**, development and management of psychosocial projects with a major component of **capacity building** of local professionals.

# SERVICES

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## a) Capacity building is for professionals from the fields:

- Mental health (psychologists, psychotherapists)
- Education (teachers, educators)
- Rehabilitation (e.g. occupational therapists)
- Health (e.g. nurses)
- Social (e.g. social workers)

## b) Working in contexts such us:

- Post-disaster and high risk countries
- Schools and other learning environments
- Hospitals and rehabilitation facilities
- Foster care centers and services
- Hosting centers for asylum seekers/refugees

## c) The Academy gives the opportunity to obtain:

- Play Therapy and Therapeutic Play Certifications
- *Certified Expert in the Application of Play Therapy in Crisis Contexts*



# FOUNDERS

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**Claudio Mochi**, MA, RP, RPT-S™ (APT USA) is Psychologist and Psychotherapist, Scientific Director of the INA training program in Switzerland and university Master's degree in Play Therapy in Rome. Founder of the APTI. He has conducted trainings and projects in disaster mental health field internationally, and presented on Play Therapy and trauma in 6 continents and over 20 countries. Author of *Beyond the Clouds: An Autoethnographic Research Exploring Good Practice In Crisis Settings* (LHP, 2022).

**Isabella Cassina**, MA, TPS, CAGS, PhD Candidate in Expressive Arts Therapy, is Social Worker specialised in International Cooperation (The Graduate Institute, University of Geneva) and project development with 10+ years of international field experience. University lecturer, Head of Project Management and trainer at the INA. Founding Member of the IC-PTA. She is Editor of the APTI Play Therapy magazine and author of several chapters with Routledge and Wiley, and articles on Play Therapy and crisis work.

# PARTNERS

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Partners selection refers to present and past collaborations in projects and trainings.



**Croce Rossa Svizzera**  
Associazione cantonale Ticino

