



Approved Provider of Play Therapy Continuing Education APT #20-602 (United States)
& APTI #15-001 (Italy and Italian-speaking Switzerland)

Presents the training program:

Child-Centered Play Therapy (Level I) 2026

Attend 3 days online and 3 days on-site in Rijeka, Croatia!

The training represents the theoretical study and practice of the Play Therapy model called Child-Centered Play Therapy (CCPT).

CCPT is one of the longest-running, most effective and most frequently used forms of Play Therapy. With strong scientific evidence and broad applicability, it is for children 2.5 to 12 years old **one of the most developmentally appropriate therapeutic interventions with respect to a very wide range of issues** including anxiety, AD/HD, chronic illness, social difficulties, behavioral and attachment problems, depression, loss and trauma.

The skills on which CCPT is based are also extremely useful when practicing directive Play Therapy methodologies. **This approach is also the basis of the family Play Therapy intervention called Filial Therapy.**

Among the various models originating from the pioneering work of Virginia Axline, the one presented in this course refers to the methodology developed by Guerney-VanFleet.

The training program as a whole is dedicated to the study and practice of CCPT. It allows participants to learn what the rationale behind this model is, the goals, how to select play materials, learn about and apply the skills and methods that are used during the play session, recognize play themes, interpret them,

and finally consider several specific issues inherent in the practice. In addition, the program reviews issues concerning the general framing of Play Therapy and Therapeutic Play as therapeutic and educational areas of intervention and parenting training.

Upon completion of the training program, participants will be able to competently conduct CCPT sessions.



Simulation of a play session with the trainer to encourage direct practice and learning of CCPT skills in participants.

Learning Objectives

Module I) Introduction to Play Therapy (1 day online)

Deepen the relevance of play from a developmental and therapeutic point of view. Know in a sufficiently articulate way the wide world of Play Therapy and Therapeutic Play and identify the main theoretical models and intervention tools.

+ post-test (multiple-choice and open-ended questions) due within 48 hours after the end of the module.

Module II) Introduction to Child-Centered Play Therapy (CCPT) (1 day online) & Study and Practice of CCPT (3 days in-person in Rijeka)

1. Describe the principles of Virginia Axline.
2. Apply the four main skills of the CCPT methodology.
3. Discuss a variety of possible situations in play sessions.
4. Explain the role of physical contact during the CCPT session.
5. Use CCPT with children in an immediate way.
6. Describe at least four different situations/problems for which CCPT can be used.
7. Discuss the relevance of the playroom setting in accordance with the methodology and the client's needs.
8. Explain the relevance of play themes that arise during a CCPT session.
9. Compile post-session notes indicating the connection between the child's behavior, play themes and the goals of the therapeutic process.
10. Discuss levels of play interpretation and which of these are appropriate in CCPT sessions.
11. State at least two reasons why aggressive toys are important in the room.
12. Describe the four stages commonly observed in the CCPT pathway.
13. Identify the reasons (or when) a CCPT process can be considered completed.

+ internship of at least 10 sessions with 1 child and written report (detailed information is provided by training officers at a later stage). Sessions with the child can be done in the native language.

Module III) Involving Parents in Child-Centered Play Therapy (1 day online)

To deepen the study of parenting skills and strategies consistent with the CCPT model to facilitate and consolidate Child-Centered Play Therapy intervention and as a tool to effectively support parents in preventing and managing problems and conflicts with their children.

+ post-test (multiple-choice and open-ended questions) due within 48 hours after the end of the module.

Module IV) Individual Supervision (3 hours online)

For the purposes of revisiting and consolidating CCPT skills, covering special topics, and obtaining the final certificate, each participant is required to make a 60-minute individual supervision meeting (on a date to be agreed upon with the supervisor) and then (on another agreed upon date) a 45-minute oral presentation supported by written documentation and video clips of the play sessions and with feedback from the trainers/supervisors for a total of maximum 120 minutes (including the 45-minute presentation).

NOTE: All training participants are invited (but not required) to take part in all colleague presentations.

Recipients

The training is open to professionals working in the developmental field who have a degree (or equivalent title) in one of the following areas: **mental health, educational, health, rehabilitation or social work**. For professionals outside the mental health field, enrollment in the training program is possible if the methodology is applied within their discipline and activities are carried out in conjunction with a mental health professional.

Method

Teaching includes presentation of theoretical material, video and live demonstrations, case studies, supervision and feedback of participants' work during activities and simulations. All carried out in a playful and positive learning atmosphere. The CCPT study module (II) is limited to 6 participants per trainer to allow for extended skill practice with individualized feedback and coaching.

Calendar 2026

module I	Sat May 16, 2026 (1 day)	online
module II	Sat June 20, 2026 (1 day)	online
	Fri-Sun July 31-August 02, 2026 (3 days)	in-person
module III	Sat September 19, 2026 (1 day)	online
module IV	by February 28, 2027 (3 hours)	online

Location & Schedule

Venue: Ul. Erazma Barčiča 9A, 51000, Rijeka, at Youth Club Rijeka (Klub Mladih Rijeka)

Online: start **9:00** | morning break 10:30-10:45 | lunch 12:15-13:30 | afternoon 15:00-15:15 | end **16:45**

In-person: start **09:30** | morning break 11:00-11:15 | lunch 12:45-14:00 | afternoon 15:30-15:45 | end **17:15**

Note: Only the 1st day of the module in-person (II) starts at **10:00**

Program

The entire training includes a total of **39 hours** (6 days + 3 hours) divided as follows:

- | | |
|--|--------------------|
| ▪ Introduction to Play Therapy | 6 hours online |
| ▪ Introduction to Child-Centered Play Therapy (CCPT) | 6 hours online |
| ▪ Study and Practice of CCPT | 18 hours in-person |
| ▪ Involving Parents in the Play Therapy Process | 6 hours online |
| ▪ Individual Supervision | 3 hours online |

Each participant, after taking CCPT Module II, is required to conduct an **internship** that includes at least 10 play sessions with 1 child and related written and video documentation. Participants will be asked to conduct the internship in the context of their professional field. Finding the child/family to follow in the internship is the responsibility of the participant.

Cost & Discounts

The training program has a total cost of € 890.

The cost for registration by March 15, 2026 is € 690.

- ✓ **If you take part in an additional training organized by INA in the 2026-2027 biennium you benefit from an exceptional 20% discount on the second training!** The deduction is guaranteed and is made when the balance of the second training is paid (discount cannot be combined).

- ✓ **If you involve 2 (or more) other colleagues you all receive an immediate 10% discount on the early registration fee as well!** When registering, indicate "group registration" and the name of the other colleagues (discount cannot be combined).

Included in the cost:

- In-person (18 hours) and online training (18 hours)
- Individual supervision (3 hours)
- Study materials (slides and articles)
- Final Certificate
- CE Credit Hours (more information is included in the "Certificate" section)

To enroll:

1. Send Curriculum Vitae to info@play-therapy.ch and
2. Pay the registration fee of € 190¹ by bank transfer* or [click here for PayPal](#)

*Owner of the Account: International Academy for Play Therapy
Address: Via General Guisan 2, 6962 Lugano, Switzerland
Bank Name: PostFinance SA
Bank Address: Mingerstrasse 20, 3030 Bern, Switzerland
IBAN: CH34 0900 0000 9122 4447 3
BIC (SWIFT-Code): POFICHBEXXX
Object: CCPT 2026

NOTE:

- Any **expenses related to the transfer** must be borne by the person making the payment.
- The registration fee is **part of the total cost** of the training.
- The full amount must be paid **by the 1st day of training**, May 16, 2026.
- It is possible to benefit from the **installment payment mode** upon written request to the Administration Office.
- Individual supervision meetings to be held **after February 28, 2027** are subject to the fee of € 60 for 60 minutes.

Certificate

Participants must consider 100% class attendance (any absences due to exceptional events must be reported promptly and in any case made up by the participant according to the arrangements decided by the training managers), the conduct and passing of all post-tests and practical training.



The trainers reserve the right to ask the participant to conduct additional individual supervision meetings for the purpose of reaching the minimum level of skills required for obtaining the Certificate. In such cases, the Academy guarantees the subsidized rate of € 40 / hour for up to 5 additional hours of supervision. Upon completion, the Academy (APT Approved Provider #20-602 and APTI Approved Provider #15-001) issues a **Child-Centered Play Therapy Level I Certificate**.

The number of 18 Contact Play Therapy Credit Hours and 18 Non-Contact Play Therapy Credit Hours competes for **mental health professionals** to obtain or renewing Registered Play Therapist (RPT)

¹

In case of cancellation or inability of the participant to take part in the training, the registration cannot be returned under any circumstances. For cancellations received within 30 days before the start of the training, 50% of the cost of the training is due; for cancellations received within 15 days before the start of the training, the balance is due in full. Exceptions to this are when the participant himself or herself or the Academy has the option of proposing a suitable professional as a replacement; in that case, registration and any fees already paid by the initial candidate are refunded in full. The Academy cannot guarantee the replacement of the participant by means of its own waiting list. In the event that the Academy has to cancel the training for major reasons, all money paid by the participants is returned to them. The Academy, however, is not responsible for any other expenses incurred by the participant or losses of any kind.

credentials by the Association for Play Therapy (APT) of the United States and the Association Play Therapy Italy (APTI). For professionals in the **social, educational, rehabilitation and health care sectors**, the number of CE Credit Hours competes for credentials in the Therapeutic Play sector by the Association for Play Therapy Italy.

Special Needs

We are committed to making trainings accessible to everyone. Please do not hesitate to let us know if you have any special needs. We declare that this training and the trainers involved have no conflict of interest or competing interests in presenting this course, nor is there any commercial support.

Trainers & Supervisors

Claudio Mochi, MA, RP, RPT-S™

Director of University Master's Degree in Play Therapy (INA/UER), Psychologist and Psychotherapist, Registered Play Therapist Supervisor™ (APT United States), Emergency Intervention Expert with over 25 years of international experience in trauma management. Claudio has presented and trained professionals in the field of Play Therapy on six continents totaling over 20 countries. Founder and President of the Association for Play Therapy Italy (APTI). Certified Instructor in Filial Therapy. In 2015 he received the "Outstanding contributions to the practice and teaching of Filial Therapy" award from the Family Enhancement & Play Therapy Center, Inc. of the United States. Claudio has authored a variety of publications including: *Beyond the clouds* (Mochi, 2022) and *Play therapy and expressive arts in a complex and dynamic world* (Cassina, Mochi & Stagnitti, 2023).



Isabella Cassina, MA, TPS, CAGS, PhD Cand.

University Lecturer, Registered Therapeutic Play Specialist (APTI), Expert in International Cooperation (University of Geneva) with over 15 years of experience in developing and managing projects and psychosocial intervention for children and families in crisis contexts. Isabella is an international speaker on the topic of Play Therapy. Director of the Project Management and trainer at the International Academy for Play Therapy (INA) in Switzerland. Editor-in-chief of APTI's Play Therapy magazine and Founding Member of the International Consortium of Play Therapy Associations (IC-PTA). Isabella is pursuing a PhD in Expressive Arts Therapy and is the author of several publications including: *The magic home. A displaced boy finds a way to feel better* (Cassina, 2020) and *Introduction to play therapy. When play is therapy* (Mochi & Cassina, 2021).

